



ACTIVITY GUIDE

WINTER/SPRING 2017-2018



MERIDIAN PARKS AND RECREATION ACTIVITY GUIDE

PARKS & RECREATION INFORMATION



CITY OF MERIDIAN VISION

Meridian is a vibrant community whose vision is to be the premier city to live, work and raise a family.

CITY OF MERIDIAN PARKS AND RECREATION MISSION

The Parks and Recreation Department's mission is to enhance the community's quality of life by providing well-designed and properly maintained parks and recreational opportunities for all citizens.

MERIDIAN PARKS & RECREATION DEPARTMENT

33 E. Broadway Ave., Suite 206, Meridian, ID 83642

Email: recreation@meridiancity.org

Hours: Monday-Friday, 8:00 a.m.-5:00 p.m.

Website: www.meridiancity.org/parks_rec

MERIDIAN PARKS & RECREATION STAFF:

Director:

Steve Siddoway

Recreation Manager:

Colin Moss

Recreation Coordinators:

Jake Garro

Renee White

Tyler Roberds

Parks Superintendent:

Mike Barton

City Arborist:

Elroy Huff

Parks & Pathways Project Manager:

Kim Warren

Marketing Coordinator:

Shelly Houston

Parks Maintenance Foreman:

Roger Norberg

Parks Maintenance Staff:

Jeremy Aldrich

John Meusser

Kyle Yorita

Dave Cereghino

Brad Day

Kevin Gallivan

Phillip Harris

Frank Keeney

Debbie Miller

Dan White

Wade Maisey

Administrative Assistant I:

Ali Aldape

Jeannette Sanchez

Administrative Assistant II:

Rachel Myers

Volunteer Coordinator:

Barbara Hatch

Homecourt Facility Manager:

Garrett White

Homecourt Site Supervisor

Ross Cipriano

Sports League Site Supervisor

Hilary Hixon with Ryan Johnson

MAYOR OF MERIDIAN:

Tammy de Weerd

MERIDIAN CITY COUNCIL:

Keith Bird, Joe Borton, Luke Cavener, Genesis Milam, Ty Palmer and Anne Little-Roberts

MERIDIAN PARKS & RECREATION COMMISSION:

Vice President: Jo Greer

Commissioners: Keith Bevan, Michelle Jensen, Kayla McNay, John Nesmith, Mike Pepin, Creg Steele, Hannah Sturtevant, Jessica West

The Meridian Parks & Recreation Commission meets at 5:30 p.m. on the second Wednesday of every month at Meridian City Hall.

3 WAYS TO REGISTER

1. REGISTER ONLINE!

Go to www.meridiancity.org/activityguide and use our interactive activity guide. Identify the class session you would like to register for and click the activity session to access our online registration software. For more information about our online registration feature, please call the Parks & Recreation office at 888-3579, or email us at recreation@meridiancity.org.



2. REGISTER BY PHONE!

With VISA, MasterCard, or American Express.

Call 888-3579 to register.

Please note that registrations and reservations cannot be completed without payment.



3. REGISTER IN PERSON!

Walk-in hours are Monday-Friday, 8:00 a.m.-5:00 p.m.

**Please note that registering for and enrolling in one of our classes via the phone, internet and in person implies that you have read, understood and agree to the liability release waiver printed on all receipts.*



PROGRAM LOCATIONS:

Bear Creek Park.....	2400 S. Stoddard Rd
Cole Valley Christian School	200 E. Carlton Ave
Heritage Middle School.....	4990 N. Meridian Rd
Hunter Elementary.....	2051 W. McMillian Rd
Idaho Indoor Soccer Center.....	1251 E. Piper Court
MAC Music & Art Center.....	2300 W. Everest Lane #150
Meridian Boys & Girls Club.....	911 N. Meridian Road
Meridian City Hall.....	33 E. Broadway Ave
Meridian Community Center	201 E. Idaho Ave
Meridian Home Court.....	936 W. Taylor Ave
Meridian Middle School.....	1507 W. 8th St
Meridian Senior Center.....	1920 N. Records Ave
Motions Dance Studio.....	390 E. Corporate Dr
Music Center Studios	12516 W. Fairview Ave.
Ponderosa Elementary	2950 N. Naomi Ave
Storey Park.....	215 E. Franklin Rd
Tully Park.....	2500 N. Linder Rd
Victory Middle School	920 W. Kodiak Dr
Willow Creek Elementary	6195 N. Long Lake Way

MAYOR'S MESSAGE

Earlier this fall I visited several of our current parks, recently or 'soon-to-be-opened' parks, pathways, and recreation facilities. I also learned about our sport activities, recreation classes and community events. While you may not be thinking about visiting a park right now, spring will be here before you know it and we have so many exciting things happening that I wanted to share what we saw and heard.

One of the park sites we visited was the Keith Bird Legacy Park. This park is located in the Bainbridge neighborhood in northwest Meridian and I'm thrilled to see this park named for someone who has truly given so much to our community! The 7.5 acre park reflects the legacy of Council President Keith Bird. Anyone that knows him, or knows of him, can see that above all else he values family -- so the park design is multi-generational with activities for all ages! We also visited Reta Huskey Park located in the Bellano Creek subdivision east of Ten Mile, north of Ustick along Five Mile Creek. This park has walking paths, a sport court, climbing features, three pickleball courts and more! Both of these parks are now open so be sure to put them on the list of things to do when the weather gives you an opportunity.

For those who visit Heroes Park or play PAL sports there, you can now see some added features reflecting its name with new art which has been installed. The art is a flag design featuring photos of both local and national heroes.

Phase Two of the Five Mile Creek Pathway which connects Badley Avenue to Fairview Avenue is complete, opening up a larger connection from Pine Street west of Locust Grove over to Ten Mile. Our goal is to continue to grow and connect the pathways system in Meridian and this is a giant step forward in doing so!

In South Meridian, Hillsdale Park with its tractor themed playground is open so the Hillsdale Elementary students can use it during their school day, but the rest of the park won't open until late spring of 2018. The park is built around an agricultural theme and includes a walking path with fitness stations, hay bale benches, a water feature and more!

It's also full steam ahead on the 77 acre South Meridian park located on Lake Hazel. The first phase of this regional-sized park completed design, with construction scheduled to begin this spring, for what will be the newest gem in our system as it develops over future years.

As you can see, it's a busy time as we prepare to add even more open recreation space to our community! I not only look forward to seeing you at future ribbon cuttings -- but more importantly -- seeing you and your family out biking on one of our pathways, playing in a park or enjoying yourself at our indoor Homecourt facility!

Sincerely, Mayor Tammy



MAYOR OF MERIDIAN

TAMMY DE WEERD

For more information on City of Meridian events, visit www.meridiancity.org/events.

Unleash the Fun... Year Round!



Well-behaved dogs can bring their people out to play year-round at Storey Bark Park — Meridian's 2.5 acre off-leash dog park located at 430 E. Watertower Lane!

Storey Bark Park's Amenities Include:

Safe Leashing/Unleashing Area * Restroom Building * People & Doggy Drinking Fountains
Separate Large Dog and Small Dog Areas * Shelters * Agility Playthings * Paved Walkways
Tables & Benches * Mutt Mitt Stations * Bike Rack * Dog-Themed Street Signs * Landscaping with Trees * A Variety of Ground Surfaces * Parking Area * And More!



**Open Daily from Sunrise to Sunset
Admission is Free!**



MAYOR TAMMY'S 2018 STATE OF THE CITY



WED, FEB 7, 2018
4:29 p.m.
Meridian Middle School



Mayor Tammy's State of the City address is FREE and open to the public.
The Taste of Meridian Reception immediately following, requires tickets (\$10).

WWW.MERIDIANCITY.ORG/SOTC

YOUTH & TEEN ACTIVITIES

PRESCHOOL

PRESCHOOL FUN

AGES 1.5 – 3

INSTRUCTOR: EMILY GULL

In this 6 week adult/child class, children will enhance their social and citizenship awareness, improve gross/fine motor, listening and transitioning skills, increase body/space awareness, be creative and have fun! Activities include an art & craft project, circle time with singing and a story using the interactive felt board, creative movement, parachute and bubble play. For more information please email instructor Emily at emilygull@yahoo.com.

Class located at the Meridian Community Center. Min/Max: 4/10

Jan 16 – Feb 20	Tue.	9:45 – 10:30 a.m.	\$34
Jan 17 – Feb 21	Wed.	9:45 – 10:30 a.m.	\$34

Feb 27 – Apr 10*	Tue.	9:45 – 10:30 a.m.	\$34
Feb 28 – Apr 11*	Wed.	9:45 – 10:30 a.m.	\$34

Apr 17 – May 22	Tue.	9:45 – 10:30 a.m.	\$34
Apr 18 – May 23	Wed.	9:45 – 10:30 a.m.	\$34

*No Class: 3/27 & 3/28

PRESCHOOL FUN PLUS

AGES 3 – 5

INSTRUCTOR: EMILY GULL

Preschool Fun PLUS is a 6 week class that incorporates letter and color identification, name writing, using preschool scissors and show-and-tell. In addition, children will create theme-related craft's, participate in circle time with singing and interacting with the story and felt board and work on weather and calendaring skills. Last, children will enjoy parachute and bubble play. Parent/adult participation is required. For more information please email instructor Emily at emilygull@yahoo.com.

Class located at the Meridian Community Center. Min/Max: 4/10

Jan 16 – Feb 20	Tue.	10:45 – 11:45 a.m.	\$42
Jan 17 – Feb 21	Wed.	10:45 – 11:45 a.m.	\$42

Feb 27 – Apr 10*	Tue.	10:45 – 11:45 a.m.	\$42
Feb 28 – Apr 11*	Wed.	10:45 – 11:45 a.m.	\$42

Apr 17 – May 22	Tue.	10:45 – 11:45 a.m.	\$42
Apr 18 – May 23	Wed.	10:45 – 11:45 a.m.	\$42

*No Class: 3/27 & 3/28



DANCE

MOTIONS DANCE

MOTIONS BALLET, TAP, JAZZ & TUMBLING

INSTRUCTOR: BRI NELSON

This class is an introduction to Ballet, Tap, Jazz, and Tumbling and is designed especially for your little ones! Dancers will be introduced to technique, theory and vocabulary through use of a variety of fun, age specific music and activities. It is the perfect class where your child's confidence and self-esteem will flourish.

* \$5 sibling discount available

* Please wear dance attire or athletic clothing (form fitting and stretchable)

* Commitment runs January-May.

* Classes participate in Spring Performances.

* An annual Costume/Performance fee of \$25-\$55 will be due by January 25th.

* Visit our website at motionsdancestudio.org and like us on Facebook.

* Class located at the Meridian Community Center.

Please note: Please call Meridian Parks and Recreation to receive discount if siblings are enrolling in different Motions Dance classes in the same month/session.

Ages 2 – 3			Min/Max: 1/8
Jan 8 – Jan 29	Mon.	9:30 – 10:00 a.m.	\$25
Feb 5 – Feb 26	Mon.	9:30 – 10:00 a.m.	\$25
Mar 5 – Mar 19	Mon.	9:30 – 10:00 a.m.	\$25
Apr 2 – Apr 23	Mon.	9:30 – 10:00 a.m.	\$25
Apr 30 – May 21	Mon.	9:30 – 10:00 a.m.	\$25

This class has a prerequisite of December to enroll in January.

Ages 3 – 5			Min/Max: 1/8
Jan 8 – Jan 29	Mon.	11:15 – 12:00 p.m.	\$30
Feb 5 – Feb 26	Mon.	11:15 – 12:00 p.m.	\$30
Mar 5 – Mar 19	Mon.	11:15 – 12:00 p.m.	\$30
Apr 2 – Apr 23	Mon.	11:15 – 12:00 p.m.	\$30
Apr 30 – May 21	Mon.	11:15 – 12:00 p.m.	\$30

This class has a prerequisite of December to enroll in January.

Ages 5 – 6			Min/Max: 1/10
Jan 8 – Jan 29	Mon.	10:15 – 11:00 a.m.	\$30
Feb 5 – Feb 26	Mon.	10:15 – 11:00 a.m.	\$30
Mar 5 – Mar 19	Mon.	10:15 – 11:00 a.m.	\$30
Apr 2 – Apr 23	Mon.	10:15 – 11:00 a.m.	\$30
Apr 30 – May 21	Mon.	10:15 – 11:00 a.m.	\$30

MOTIONS DANCE CAMP

INSTRUCTOR: MOTIONS INSTRUCTORS

These ballet and jazz camps offer fun themes for little dancers who want to explore the exciting and creative world of dance without the commitment of a year-long program! Mix and match these themed camps to fit your family's needs. Dancers will be introduced to technique, theory and vocabulary through use of a variety of fun, age specific music and activities.

* \$5 sibling discount available

* Please wear dance attire or athletic clothing (form fitting and stretchable)

* Non-Performing class.

* Visit our website at motionsdancestudio.org and like us on Facebook.

* Class located at the Motions Dance Studio.

Ages 2 – 6			Min/Max: 1/8
Jan 12 – Jan 26	Winter Princess	Fri.	5:30 – 6:00 p.m. \$22
Feb 2 – Feb 23	Cupid's Valentine	Fri.	5:30 – 6:00 p.m. \$25
Mar 2 – Mar 23	Baby Animals	Fri.	5:30 – 6:00 p.m. \$25
Apr 6 – Apr 27	April Fools	Fri.	5:30 – 6:00 p.m. \$25
May 4 – May 25	Fairy Garden	Fri.	5:30 – 6:00 p.m. \$25

MOTIONS CHEERLEADING

REC CHEERLEADING

COACH: CYNDI LAMBERTSEN

This class is for anyone who dreams of being a cheerleader! Students will work on basic cheer fundamentals including jumps, dance, stunting, tumbling, and cheering with our USASF All Star certified coach. This is a fun way to develop strength, flexibility, and self-esteem through fun choreographed routines.

* \$5 sibling discount available

* No previous experience is required.

* Please wear athletic clothing (form fitting and stretchable)

* Commitment runs January-May.

* Classes participate at Motions Cheer Fest in May.

* An annual Costume/Performance fee of \$45 will be due by January 25th.

* Visit our website at motionsdancestudio.org and like us on Facebook.

* Class located at Motions Dance Studio – MDS or Meridian Community Center - MCC

Please note: Please call Meridian Parks and Recreation to receive discount if siblings are enrolling in different Motions Cheerleading classes in the same month/session.

Rec Cheerleading 1

Ages 3 years- K (MCC)			Min/ Max: 1/10
Jan 11 – Feb 1	Thur.	2:30 - 3:00 p.m.	\$25
Feb 8 – Mar 1	Thur.	2:30 - 3:00 p.m.	\$25
Mar 8 – Mar 22	Thur.	2:30 - 3:00 p.m.	\$25
Apr 5 – Apr 26	Thur.	2:30 - 3:00 p.m.	\$25
May 3 – May 24	Thur.	2:30 - 3:00 p.m.	\$25

Rec Cheerleading 2

1st grade - 4th grade (MCC)			Min/ Max: 1/12
Jan 9 – Jan 30	Tue.	4:45 – 5:30 p.m.	\$30
Feb 6 – Feb 27	Tue.	4:45 – 5:30 p.m.	\$30
Mar 6 – Mar 20	Tue.	4:45 – 5:30 p.m.	\$30
Apr 3 – Apr 24	Tue.	4:45 – 5:30 p.m.	\$30
May 1 – May 22	Tue.	4:45 – 5:30 p.m.	\$30

Rec Cheerleading 2

1st grade - 4th grade (MDS)			Min/ Max: 1/12
Jan 9 – Jan 30	Tue.	4:45 – 5:30 p.m.	\$30
Feb 6 – Feb 27	Tue.	4:45 – 5:30 p.m.	\$30
Mar 6 – Mar 20	Tue.	4:45 – 5:30 p.m.	\$30
Apr 3 – Apr 24	Tue.	4:45 – 5:30 p.m.	\$30
May 1 – May 22	Tue.	4:45 – 5:30 p.m.	\$30

YOUTH & TEEN ACTIVITIES

Rec Cheerleading 3

4th grade - 9th grade (MDS)			Min/ Max: 1/16
Jan 11 – Feb 1	Thur.	6:55 – 7:55 p.m.	\$35
Feb 8 – Mar 1	Thur.	6:55 – 7:55 p.m.	\$35
Mar 8 – Mar 22	Thur.	6:55 – 7:55 p.m.	\$35
Apr 5 – Apr 26	Thur.	6:55 – 7:55 p.m.	\$35
May 3 – May 24	Thur.	6:55 – 7:55 p.m.	\$35

ALL-STAR CHEERLEADING

COACH: CYNDI LAMBERTSEN

Motions All Star Cheerleading competition teams for 2017-2018 is already in full swing. If you are interested in participating in next year's team, please stay tuned as tryout information will be available in summer 2018.

MOTIONS TUMBLING

TUMBLE AND TWIST

INSTRUCTOR: BRI NELSON (AM) OR KATY LEONARD (AM)

This 6 week class is designed for young children with a lot of energy who need a fun and constructive outlet who also want to tumble! Classes are structured to stimulate coordination, balance, strength, basic tumbling skills and creative movement all while learning how to be in an athletic class setting.

* \$5 sibling discount available

* Please wear athletic clothing (form fitting and stretchable)

* Non-Performing class.

* Visit our website at motionsdancestudio.org and like us on Facebook.

* Class located at the Meridian Community Center.

18 months - 2 (Mommy and Me)			Min/Max: 1/8
Jan 12 – Feb 16	Fri.	9:30 – 10:00 a.m.	\$35
Feb 23 – Mar 23	Fri.	9:30 – 10:00 a.m.	\$35
Apr 6 – May 11	Fri.	9:30 – 10:00 a.m.	\$35

18 months - 2 (Mommy and Me)			Min/Max: 1/8
Jan 12 – Feb 16	Fri.	11:15 – 11:45 a.m.	\$35
Feb 23 – Mar 23	Fri.	11:15 – 11:45 a.m.	\$35
Apr 6 – May 11	Fri.	11:15 – 11:45 a.m.	\$35

Ages 3 – 6 (Independent)			Min/Max: 1/8
Jan 12 – Feb 16	Fri.	10:15 – 11:00 a.m.	\$40
Feb 23 – Mar 23	Fri.	10:15 – 11:00 a.m.	\$40
Apr 6 – May 11	Fri.	10:15 – 11:00 a.m.	\$40

Ages 3 – 6 (Independent)			Min/Max: 1/8
Jan 12 – Feb 16	Fri.	2:00 – 2:45 p.m.	\$40
Feb 23 – Mar 23	Fri.	2:00 – 2:45 p.m.	\$40
Apr 6 – May 11	Fri.	2:00 – 2:45 p.m.	\$40

TUMBLE AND FLIP

INSTRUCTOR: KATY LEONARD

This 7 week class is structured around working with each student at their skill level. From forward rolls and cartwheels, to front walkovers and back handsprings, we aim to teach proper form for a safe and fun way to practice our tumbling

skills. Students will develop coordination, strength, balance, and flexibility all while building self-confidence, self-esteem and hard work ethics.

* \$5 sibling discount available

* Please wear athletic clothing (form fitting and stretchable)

* Non-Performing class.

* Visit our website at motionsdancestudio.org and like us on Facebook.

* Class located at the Meridian Community Center.

Please note: Please call Meridian Parks and Recreation to receive discount if siblings are enrolling in different Motions Tumbling classes in the same month/session.

Ages 6 & Up			Min/Max: 1/10
Jan 10 – Feb 14	Wed.	4:45 – 5:30 p.m.	\$45
Feb 21 – Mar 21	Wed.	4:45 – 5:30 p.m.	\$45
Apr 4 – May 9	Wed.	4:45 – 5:30 p.m.	\$45

Ages 6 & Up			Min/Max: 1/10
Jan 10 – Feb 14	Wed.	5:45 – 6:30 p.m.	\$45
Feb 21 – Mar 21	Wed.	5:45 – 6:30 p.m.	\$45
Apr 4 – May 9	Wed.	5:45 – 6:30 p.m.	\$45

MOTIONS CAPOEIRA

BEGINNING CAPOEIRA

INSTRUCTOR: JANESE BOTELITO

Capoeira is an Afro-Brazilian martial art/dance form which uses acrobatics and martial arts movements set to music. Our Capoeira class will introduce kids to basic Capoeira Martial arts movements, acrobatics and music which they can use to create their own personal expression as they "play" the game of Capoeira.

* \$5 sibling discount available

* Please wear loose fitting athletic clothing.

* Classes participate in Spring Performances.

* An annual Costume/Performance fee of \$25-\$55 will be due by January 25th.

* Visit our website at motionsdancestudio.org for more information about Intermediate Capoeira classes.

* Class located at Motions Dance Studio – MDS or Meridian Community Center – MCC

Please note: Please call Meridian Parks and Recreation to receive discount if siblings are enrolling in different Motion Capoeira classes in the same month/session.

Ages 3 – 4 (MDS)			Min/Max: 1/10
Jan 11 – Jan 25	Thur.	11:30 -12:00 p.m.	\$25
Feb 1 – Feb 22	Thur.	11:30 -12:00 p.m.	\$25
Mar 1 – Mar 22	Thur.	11:30 -12:00 p.m.	\$25
Apr 5 – Apr 26	Thur.	11:30 -12:00 p.m.	\$25
May 3 – May 24	Thur.	11:30 -12:00 p.m.	\$25

Ages 5 – 7 (MCC)			Min/Max: 1/10
Jan 8 – Jan 29	Mon.	4:45- 5:15 p.m.	\$25
Feb 5 – Feb 26	Mon.	4:45- 5:15 p.m.	\$25
Mar 5 – Mar 19	Mon.	4:45- 5:15 p.m.	\$22
Apr 2 – Apr 23	Mon.	4:45- 5:15 p.m.	\$22
Apr 30 – May 21	Mon.	4:45- 5:15 p.m.	\$22

INSPIRED DANCE

Welcome to Inspired Dance. Our priority is to provide modest costumes, movement, and music. We are happy to assist you in knowing which class best fits your child. If you don't see a class you are looking for, check out our website. We offer other classes, levels, and daytime classes ages 0-16. For more information on what Inspired Dance has to offer regarding classes, locations, policies, dress code, instructors and more, please visit us at inspireddance.org or contact Amy at: inspireddance@gmail.com or 208-353-5581

DANCE WORKSHOP FOR BEGINNERS

INSTRUCTOR: AMY MERRILL

What is your dance style? Not sure. This workshop will take you through a series of different dance styles to help you get a feel for what you like. You will learn the difference between ballet, contemporary, and hip hop movement. The class will be presented in a fun, positive, and friendly atmosphere. Wear gyms clothes/workout attire. Bring or wear socks. A \$2 discount for second sibling enrolled in same month/session.

Class located at Ponderosa Elementary Gym

Please note: Please call Meridian Parks and Recreation to receive discount if siblings are enrolling in different Inspired Dance classes in the same month/session.

Ages 5 – 8			Min/Max: 0/22
Jan 11	Thurs	5:00 - 6:20 p.m.	\$12

Ages 9 - 16			
Jan 11	Thurs	6:30 - 8:00 p.m.	\$12



BEGINNING HIP HOP

INSTRUCTOR: BAYLEE SHURTE

Beginning hip hop is for those who have had little to no dance experience. During this twelve week course, dancers will learn the basics of hip hop that include arm and feet coordination, upper body strength, and physical stamina. Dancers will also learn to be creative thinkers as well as choreography. Commitment for this class is from January 18 through April 12 and will end with a mini performance for parents. Payment is made in two 6 week increments. Dancers will be expected to come to class dressed in gym clothes attire: t-shirt, shorts or sweat pants, and tennis shoes. Vans, Converse or smooth bottom type shoes work best. Hair needs to be in a ponytail. A \$5 discount for second sibling enrolled in same month/session.

Class located at Hunter Elementary Cafeteria

Please note: Please call Meridian Parks and Recreation to receive discount if siblings are enrolling in different Inspired Dance classes in the same month/session.

Ages 5 – 9			Min/Max: 0/12
Jan 18 – Feb 22	Thurs	5:00 - 6:00 p.m.	\$56
Mar 1 – Apr 12*	Thurs	5:00 - 6:00 p.m.	\$56

*No class: 3/29

Prerequisite: Instructor approval needed to join Mar – Apr class if child did not attend Jan – Feb class.

YOUTH & TEEN ACTIVITIES

BEGINNING BALLET

INSTRUCTOR: AMY MERRILL

Beginning Ballet is for those who have had little to no ballet experience. During this 12 week course, dancers will be taught fundamental skills of ballet, vocabulary, and classroom etiquette along with gracefulness, creative exploration, and choreography. Commitment for this class is from January 18 through April 12 and will end with a mini performance for parents. Payment is made in two 6 week increments. Dancers will be expected to come to class dressed in a black short sleeve leotard, pink footed tights, and pink ballet shoes. Hair needs to be in a ponytail or bun. A \$5 discount for second sibling enrolled in same month/session.

Class located at Ponderosa Elementary Gym

Please note: Please call Meridian Parks and Recreation to receive discount if siblings are enrolling in different Inspired Dance classes in the same month/session.

Ages 5 – 9		Min/Max: 0/12	
Jan 18 – Feb 22	Thurs	5:00 - 6:00 p.m.	\$56
Mar 1 – Apr 12*	Thurs	5:00 - 6:00 p.m.	\$56
*No class: 3/29			

Prerequisite: Instructor approval needed to join Mar – Apr class if child did not attend Jan – Feb class.

BEGINNING CONTEMPORARY

Beginning Contemporary is a 12 week fusion of modern, ballet, jazz, hip hop, and lyrical. Dancers will learn basic technique and will gain a better understanding of core control, turnout, turns, leaps, extensions, flexibility, and expressive movement. This class will enjoy learning a variety of dance styles mixed together. Commitment for this class is from January 18 through April 12 and will end with a mini performance for parents. Payment is made in two 6 week increments. Dancers will be expected to come to class dressed in a black short sleeve leotard, sweat pants or leggings/workout type pants. Please no spaghetti strap tops, short shirts that expose the stomach, or short shorts. Hair needs to be in a ponytail. A \$5 discount for second sibling enrolled in same month/session.

INSTRUCTOR: COURTNEY BURROW

Ages 5 – 8		Min/Max: 0/12	
Jan 16 – Feb 20	Tues	5:15 - 6:15 p.m.	\$56
Feb 27 – Apr 10*	Tues	5:15 - 6:15 p.m.	\$56
*No class: 3/29			

Class located at Ponderosa Elementary Cafeteria

Prerequisite: Instructor approval needed to join Feb – Apr class if child did not attend Jan – Feb class.

Please note: Please call Meridian Parks and Recreation to receive discount if siblings are enrolling in different Inspired Dance classes in the same month/session.

INSTRUCTOR: BAYLEE SHURTE

Ages 9 - 14			
Jan 18 – Feb 22	Thurs	7:30 - 8:30 p.m.	\$56
Mar 1 – Apr 12*	Thurs	7:30 - 8:30 p.m.	\$56
*No class: 3/29			

Class located at Hunter Elementary Cafeteria

Prerequisite: Instructor approval needed to join Mar – Apr class if child did not attend Jan – Feb class.

Please note: Please call Meridian Parks and Recreation to receive discount if siblings are enrolling in different Inspired Dance classes in the same month/session

CAMP MER-IDA-MOO

SPRING BREAK DAY CAMP AGES 6-11

Looking for something to do over spring break? Camp Mer-IDA-Moo: Spring Break is back in 2018! Activities will include arts and crafts, games, outdoor games, reading time, science projects and field trips. Staff is selected from recreation and education professionals, as well as local college students. Staff to camper ratio is 1:10. Register early and reserve your spot for this fun and exciting week long camp! Class fee is for the entire week.

Class located at the Meridian Community Center. Min/Max: 20/50

FULL DAY			
Mar 26 – Mar 30	Mon.-Fri.	7:30 - 5:30 p.m.	\$99
HALF DAY			
Mar 26 – Mar 30	Mon.-Fri.	9:00 - 3:00 p.m.	\$79

YOUTH YOGA

YOUTH YOGA & MINDFULNESS

INSTRUCTOR: CHELSEA CUNNINGHAM

Join us for kids or tween yoga – a playful dive into mindfulness. Classes will ignite students' imaginations as we weave in poses, breath-work, music, games and art. Children will enjoy making new friends while they develop body awareness, confidence and tools for life. Tween classes will bring in more focus on alignment, techniques and application while still creating an environment for discussion and exploration. There is a \$10 discount for second sibling enrolled in the same month/session.

Class located at the Meridian Community Center. Min/Max: 4/12

Please note: Please call Meridian Parks and Recreation to receive discount if siblings are enrolling in different Youth Yoga classes in the same month/session.

Kids Yoga			
Ages: 5 - 9			
Jan 20 – Feb 17	Sat.	11:00 – 11:45 a.m.	\$48
Mar 10 – Apr 14*	Sat.	11:00 – 11:45 a.m.	\$48
No Class: 4/7			

Tween - Teen Yoga			
Ages: 10 - 14			
Jan 20 – Feb 17	Sat.	10:00 – 10:45 a.m.	\$48
Mar 10 – Apr 14*	Sat.	10:00 – 10:45 a.m.	\$48
No Class: 4/7			



YOUTH LACROSSE

GIRLS LEARN TO PLAY LACROSSE CLINICS AGES 13 - 18

INSTRUCTOR: TOM WELSH

Girls Learn to Play Lacrosse clinic is specifically designed for Middle and High School age girls with limited experience in lacrosse, but are interested in trying it out. Participants will learn how to pass, catch, cradle, dodge, shoot and gather ground balls during this fast paced, 90 minute clinic. Information on spring program availability and joining a high school team will also be provided. Instruction will be led by US Lacrosse certified coach and trainer, Tom Welsh. All necessary equipment will be provided. Please wear athletic shoes and bring a water bottle.

Class located at the Idaho Indoor Soccer Center Min/Max: 18/36

Dec 22	Fri.	12:30 – 2:00 p.m.	\$18
Jan 15	Mon.	12:30 – 2:00 p.m.	\$18

GIRLS LEARN TO PLAY LACROSSE ACADEMY AGES 13 - 18

INSTRUCTORS: TOM WELSH AND NICOLE CRINER

Girls Learn to Play Lacrosse Academy is specifically designed for Middle and High School age girls with limited experience in lacrosse, but are interested in participating in high school. This 4 week academy offers a hands-on experience for learning skills such as passing, catching, cradling, dodging, shooting and scooping ground balls. Instruction will be led by US Lacrosse certified coach and trainer, Tom Welsh, and BSU women's team Captain Nicole Criner. All necessary equipment will be provided. Participation in one of our 1 day clinics is highly recommended, but not required. Please wear athletic shoes and bring a water bottle.

Class located at Meridian Homecourt Min/Max: 18/36

Jan 19 – Feb 9	Fri.	6:30 – 8:00 p.m.	\$50
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YOUTH CO-ED

LEARN TO PLAY LACROSSE CLINICS AGES 7 - 11

INSTRUCTOR: TOM WELSH

Learn how to pass, catch, cradle, dodge, shoot and gather ground balls INDOORS at this fast paced introductory 1 Day Clinic. Participants will also learn about the rich history and culture of the game. Instruction will be led by US Lacrosse certified coach and trainer, Tom Welsh. Equipment will be provided. Please wear athletic shoes and bring a water bottle.

Class located at the Idaho Indoor Soccer Center Min/Max: 18/36

Dec 22	Fri.	9:00 – 12:00 p.m.	\$27
Jan 15	Mon.	9:00 – 12:00 p.m.	\$27
Feb 19	Mon.	9:00 – 12:00 p.m.	\$27

YOUTH & TEEN ACTIVITIES



ART, THEATER & MUSIC

ART

Star Wars Art Ages 6 – 10

INSTRUCTOR: TAYLOR GOSNEY

In January we are celebrating everything Star Wars! Make an R2-D2 collage, a wax resist Death Star, a fun Wookiee sculpture and Star Wars prints. If your child is a Star Wars fan, they will NOT want to miss this class!

Class located at the MAC Meridian Min/Max: 3/8

Jan 11 – Feb 1	Thur.	4:30 – 5:30 p.m.	\$50
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Acrylic Painting Ages 9 - 14

INSTRUCTOR: TAYLOR GOSNEY

Anyone can learn to paint! This class encourages students to explore the medium of acrylic painting through a variety of techniques, emphasizing concepts of shape, volume and color. With subject matter varying with each painting, this class is designed to encourage confidence and creative expression through paint.

Class located at the MAC Meridian Min/Max: 3/8

Feb 8 – Feb 22	Thur.	4:30 – 6:00 p.m.	\$65
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Mimic the Masters Ages 6 - 10

INSTRUCTOR: TAYLOR GOSNEY

Learn about the master artists by studying their life and their work. What art medium did they use? What inspired them? What was happening in the world when they lived? Mimic the Masters is always a favorite at the MAC. This month's artists will be Van Gogh, O'Keefe and Mondrian

Class located at the MAC Meridian Min/Max: 3/8

Mar 1 – Mar 22	Thur.	4:30 – 5:30 p.m.	\$65
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Drawing Faces Ages 11 - 16

INSTRUCTOR: TAYLOR GOSNEY

When you draw faces do they look like mannequin heads? No! Learn how to draw real faces. Learn why features like noses, freckles and eyebrows are so important. In this class you will draw life and learn size, angle and placement of features by measuring. Sing up for both sessions for even more experience and feedback from the instructor! Bring a 9 x 12 inch sketchbook.

Class located at the MAC Meridian Min/Max: 3/8

Apr 5 – Apr 19	Thur.	4:30 – 6:00 p.m.	\$55
Apr 26 – May 10	Thur.	4:30 – 6:00 p.m.	\$55

MUSIC

DRUMLINE

INSTRUCTOR: DARA HEIPLE

Join us for a rockin' good time as we explore the basics of drumming, percussion, movement and theatrics, all designed to strengthen music's most fundamental and essential element: rhythm! Students will learn the basic drumming fundamentals and work as a team to create energetic and exciting music. No previous experience required.

Class located at Music Center Studios. Min/Max: 4/10

Ages 5 - 8			
Jan 5 - Jan 26	Fri.	4:30 – 5:30 p.m.	\$50
Feb 2 - Feb 23	Fri.	4:30 – 5:30 p.m.	\$50
Mar 2 - Mar 23	Fri.	4:30 – 5:30 p.m.	\$50
Apr 6 - Apr 27	Fri.	4:30 – 5:30 p.m.	\$50

Ages 9 - 13			
Jan 5 - Jan 26	Fri.	5:30 – 6:30 p.m.	\$50
Feb 2 - Feb 23	Fri.	5:30 – 6:30 p.m.	\$50
Mar 2 - Mar 23	Fri.	5:30 – 6:30 p.m.	\$50
Apr 6 - Apr 27	Fri.	5:30 – 6:30 p.m.	\$50

THEATER

CREATIVE DYNAMICS

AGES 4 - 6

INSTRUCTOR: TVCT STAFF

Come join us for 8 weeks of theater fun! We'll explore music, movement, storytelling, play theater games and learn what it's like to be an actor! Youth theater classes are also great for helping children learn and build self-confidence. This class is a wonderful introduction to theater and designed for students with little or no performing experience.

Camp located at the Meridian Community Center Min/Max: 8/15

Jan 29 – Mar 19	Mon.	5:30 – 6:15 p.m.	\$83
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THEATER GAMES

AGES 6 - 10

INSTRUCTOR: TVCT STAFF

Join us for 6 weeks of fun! Zip! Zap! Zop!, Night at The Museum, What Are You Doing? And MORE! Theater games are great for building confidence, developing creativity and team work! This class is perfect for theater students of any level and background.

Camp located at the Meridian Community Center Min/Max: 8/15

Apr 9 – May 14	Mon.	5:30 – 6:30 p.m.	\$79
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MARTIAL ARTS

MARTIAL ARTS FOR KIDS – SMILING TIGERS

AGES 5 – 8

INSTRUCTOR: FAMILY TANG SOO DO

Smiling Tigers by Family Tang Soo Do is designed for children who are anxious to learn a martial art but are not ready for the traditional class. Students will have

fun exercising, learning basic techniques, self-defense, confidence, concentration and discipline. Students earn stripes for techniques, excelling at school and obeying at home. Smiling Tiger is an ongoing class and students can continue pursuit of their black belt in Family Tang Soo Do after they turn 8. Wear loose, modest clothing. No shorts please. See familytangsoodo.com for more information and email info@familytangsoodo.com if you have questions.

Fee is \$40 per month for the first student, \$35 per month for a second member of the same family, \$30 for the third member and \$130 total for families of four or more. Family discount also applies if you have students in both Family Tang Soo Do and Martial Arts for Kids by Smiling Tigers. Uniforms, patches and World Tang Soo Do Membership are not required until second month and are purchased through the instructor. For a complete fee schedule through black belt, email fees@familytangsoodo.com.

Class located at the Meridian Community Center. Min/Max: 2/10

Jan 5 – Jan 26	Fri.	5:00 – 5:50 p.m.	\$40
Feb 2 – Feb 23	Fri.	5:00 – 5:50 p.m.	\$40
Mar 2 – Mar 23	Fri.	5:00 – 5:50 p.m.	\$40
Apr 6 – Apr 27	Fri.	5:00 – 5:50 p.m.	\$40
May 4 – May 25	Fri.	5:00 – 5:50 p.m.	\$40

MARTIAL ARTS FOR ALL AGES

AGES 8 & UP

INSTRUCTOR: FAMILY TANG SOO DO

Tang Soo Do is a traditional Korean martial art that emphasizes both hand and foot techniques. The head instructors have been certified since 1992. Instruction includes basic techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence and integrity for the entire family. Family Tang Soo Do is a member of the World Tang Soo Do Association. See familytangsoodo.com for more information or email info@familytangsoodo.com if you have any questions. Wear loose, modest clothing to begin training.

Fee is \$40 per month for the first student, \$35 per month for a second member of the same family, \$30 for the third member and \$130 total for families of four or more. Family discount also applies if you have students in both Family Tang Soo Do and Martial Arts for Kids by Smiling Tigers. Uniforms, patches and World Tang Soo Do Membership are not required until second month and are purchased through the instructor. For a complete fee schedule through black belt, email fees@familytangsoodo.com.

All classes located at the Meridian Community Center. Min/Max: 0/20

Beginning Classes:

Jan 5 – Jan 30	Tue./Fri.	6:00 – 7:00 p.m.	\$40
Feb 2 – Feb 27	Tue./Fri.	6:00 – 7:00 p.m.	\$40
Mar 2 – Apr 3*	Tue./Fri.	6:00 – 7:00 p.m.	\$40
Apr 6 – May 1	Tue./Fri.	6:00 – 7:00 p.m.	\$40
May 4 – May 29	Tue./Fri.	6:00 – 7:00 p.m.	\$40

***No Class: 3/27 & 3/30**

Intermediate/Advanced Class

Ages 8 & up

Intermediate and advanced classes by Family Tang Soo Do is for continuing students ranking 3rd gup, brown belt or higher. Prerequisite: students must have taken beginning classes and/or receive permission from instructors.

Jan 5 – Jan 30	Tue./Fri.	7:00 – 8:00 p.m.	\$40
Feb 2 – Feb 27	Tue./Fri.	7:00 – 8:00 p.m.	\$40
Mar 2 – Apr 3*	Tue./Fri.	7:00 – 8:00 p.m.	\$40
Apr 6 – May 1	Tue./Fri.	7:00 – 8:00 p.m.	\$40
May 4 – May 29	Tue./Fri.	7:00 – 8:00 p.m.	\$40

***No Class: 3/27 & 3/30**

ADULT & SENIOR ACTIVITIES

YOGA

YOGA – ALL LEVELS TEEN, ADULT & SENIOR

INSTRUCTOR: LAURIE MCELROY, ERYT 500

This class is designed for all levels of yoga experience, from beginners to those with more experience. Come join us for some feel-good, breath-centered Hatha Yoga. Bring your own sticky yoga mat.

Class located at the Meridian Community Center. Min/Max: 4/20

Jan 8 – Mar 5	Mon.	7:00 – 8:00 p.m.	\$45
Jan 13 – Mar 10	Sat.	8:00 – 9:00 a.m.	\$45
Mar 12 – May 14*	Mon.	7:00 – 8:00 p.m.	\$45
Mar 17 – May 19*	Sat.	8:00 – 9:00 a.m.	\$45

*No Class: 3/26 & 3/31

YOGA - GENTLE YOGA TEEN, ADULT & SENIOR

INSTRUCTOR: LAURIE MCELROY, ERYT 500

A gentle approach to classic Hatha Yoga with an emphasis on breathing and safely moving through the poses. This class is designed to maintain and improve your flexibility, agility, strength and balance. You will feel great all over through gentle movements and stretching. Bring your own sticky yoga mat.

Class located at the Meridian Community Center. Min/Max: 4/20

Jan 8 – Mar 5	Mon.	12:30 – 1:30 p.m.	\$45
Jan 10 – Mar 7	Wed.	12:30 – 1:30 p.m.	\$45
Mar 12 – May 14*	Mon.	12:30 – 1:30 p.m.	\$45
Mar 14 – May 16*	Wed.	12:30 – 1:30 p.m.	\$45

*No Class: 3/26 & 3/28

YOGA – BEYOND THE BASICS TEEN, ADULT & SENIOR

INSTRUCTOR: LAURIE MCELROY, ERYT 500

Hatha Yoga class is for students who have a basic knowledge of yoga poses and want to delve deeper into their practice. Bring your own sticky yoga mat.

Class located at the Meridian Community Center. Min/Max: 4/20

Jan 11 – Mar 8	Thurs.	7:00 – 8:00 p.m.	\$45
Mar 15 – May 17*	Thurs.	7:00 – 8:00 p.m.	\$45

*No Class: 3/29

YOGA – UNLIMITED YOGA TEEN, ADULT & SENIOR

INSTRUCTOR: LAURIE MCELROY, ERYT 500

This option is for participants who would like to practice yoga more than once a week. For one low rate, you may attend any or all of the classes listed above during the dates of your desired session. Bring your own sticky yoga mat. Restorative Yoga and Foundations Yoga is not included in Unlimited Yoga.

All classes located at the Meridian Community Center. Min/Max: 4/35

Jan 8 – Mar 10	Mon./Wed./Thurs./Sat.	See times above	\$55
Mar 12 – May 19*	Mon./Wed./Thurs./Sat.	See times above	\$55

*No Class: 3/26, 3/28, 3/29, 3/31

YOGA – FOUNDATIONS YOGA TEEN, ADULT & SENIOR

INSTRUCTOR: LAURIE MCELROY, ERYT 500

If you are curious about yoga and would like to learn the basics in a non-threatening, nurturing environment, this class is for you. Gain confidence in the basic poses and salutations. Wear comfortable clothing and bring a sticky yoga mat. This class is not included in the Unlimited Yoga option.

Class located at the Meridian Community Center. Min/Max: 4/20

Jan 4 – Jan 25	Thurs.	10:30 – 11:30 a.m.	\$30
Feb 1 – Feb 22	Thurs.	10:30 – 11:30 a.m.	\$30

RESTORATIVE & GUIDED MEDITATION WORKSHOP ADULT & SENIOR

INSTRUCTOR: LAURIE MCELROY, ERYT 500

Restorative yoga aids physical, mental and emotional relaxation through passive, supportive stretching. Bolsters, blankets, blocks and straps provided, but please bring your own sticky yoga mat. No yoga experience necessary to enjoy the benefits of this class. Class ends with a relaxing guided meditation. This workshop is not included in the Unlimited Yoga option.

Class located at the Meridian Community Center. Min/Max: 4/20

Feb 4	Sun.	2:00 – 3:30 p.m.	\$10
Apr 22	Sun.	2:00 – 3:30 p.m.	\$10

GENTLE MOVEMENT STRETCH ADULTS & SENIORS

INSTRUCTOR: SHANNON LIND

Gentle Movement Stretch is a compassionate way to find a release from stress and tense muscles. We will practice a combination of Tai Chi, gentle, and restorative yoga using a small soft ball to massage, stretch, release stress, and restore energy. Wear loose clothing and bring a yoga mat for your comfort.

Class located at the Meridian Community Center. Min/Max: 4/15

Jan 10 – Jan 31	Wed.	6:45 – 7:45 p.m.	\$28
Feb 7 – Feb 28	Wed.	6:45 – 7:45 p.m.	\$28
Mar 7 – Mar 21	Wed.	6:45 – 7:45 p.m.	\$21
Apr 4 – Apr 25	Wed.	6:45 – 7:45 p.m.	\$28
May 2 – May 16	Wed.	6:45 – 7:45 p.m.	\$21



ZUMBA

ZUMBA GOLD

ADULT & SENIOR

INSTRUCTOR: ALICE HENKE

Perfect for older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The design of the class introduces easy to follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong. Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance. It's not a dance class, it is a party! Wear comfortable clothing and smooth-soled athletic shoes with support. Bring a water bottle and towel and be ready for our Zumba party!

Class located at the Meridian Community Center. Min/Max: 1/20

Jan 2 – Jan 30	Tue.	1:00 – 2:00 p.m.	\$20
Jan 6 – Jan 27	Sat.	1:00 – 2:00 p.m.	\$16
Jan 2 – Jan 30	Tue./Sat.	1:00 – 2:00 p.m.	\$32

Feb 6 – Feb 27	Tue.	1:00 – 2:00 p.m.	\$16
Feb 3 – Feb 24	Sat.	1:00 – 2:00 p.m.	\$16
Feb 3 – Feb 27	Tue./Sat.	1:00 – 2:00 p.m.	\$28

Mar 6 – Mar 20	Tue.	1:00 – 2:00 p.m.	\$12
Mar 3 – Mar 31	Sat.	1:00 – 2:00 p.m.	\$20
Mar 3 – Mar 31*	Tue./Sat.	1:00 – 2:00 p.m.	\$28

*No Class: Mar 27

Apr 3 – Apr 24	Tue.	1:00 – 2:00 p.m.	\$16
Apr 7 – Apr 28	Sat.	1:00 – 2:00 p.m.	\$16
Apr 3 – Apr 28	Tue./Sat.	1:00 – 2:00 p.m.	\$28

May 1 – May 15	Tue.	1:00 – 2:00 p.m.	\$12
May 5 – May 19	Sat.	1:00 – 2:00 p.m.	\$12
May 1 – May 19	Tue./Sat.	1:00 – 2:00 p.m.	\$20

LACROSSE

ADULT COED

LEARN TO PLAY LACROSSE – 1 DAY CLINIC AGES 18 & OLDER

INSTRUCTOR: TOM WELSH

Learn the fundamentals, history and spirit of Lacrosse in a FUN fashion. This adult coed clinic is specifically designed for adults with limited experience in lacrosse but are interested in exposure to the basic techniques of the game. Participants will learn how to pass, catch, cradle, dodge, shoot and gather ground balls in this fast paced clinic. Equipment will be provided. Please wear athletic shoes and bring a water bottle. One child free with each paid registered adult.

Class located at Meridian Homecourt Min/Max: 18/36

Jan 6	Sat.	12:00 – 2:00 p.m.	\$12
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ADULT & SENIOR ACTIVITIES

PICKLEBALL

PICKLEBALL 101 AGES 50 & UP

INSTRUCTOR: NICK & TAMI LEACH

Pickleball is the fastest growing sport in America. It is a combination of badminton, tennis and ping pong. It can be played indoors or outdoors on a badminton size court using a whiffle ball and composite paddle. It is easy for beginners to learn and can develop into competitive play for experienced players. Price includes weekly use of paddles and balls. Participants must wear proper court/tennis shoes.

Class located at the City of Meridian Home Court Min/Max 4/24

Jan 4 – Jan 25	Thurs.	1:15 – 2:45 p.m.	\$55
Feb 8 – Mar 1	Thurs.	1:15 – 2:45 p.m.	\$55
Mar 15 – Apr 5	Thurs.	1:15 – 2:45 p.m.	\$55

LINE DANCING

LINE DANCING AGES 18 & UP

INSTRUCTORS: RANDY LATTIMER

This line dance class is for dancers of all levels. To ensure everyone receives full attention from the instructors, intermediate dances will be taught from 4:00 – 5:00. All dancers are welcome to join class during this time to go through the instruction and learn new steps. Beginning at 5:00 we will dance various levels of dances for 15 minutes of FUN! From 5:15 – 6:15, class will focus on dances for beginning dancers. This will be your time to learn the basics of line dancing. The last 15 minutes of class, music will be played and dance steps will be reviewed. This class is for all ages and abilities. Students under 18 will be accepted with parental consent. Bring your happy feet.

Class located at Meridian Community Center Min/Max: 8/30

Jan 7 – Jan 28*	Sun	4:00 – 6:30 p.m.	\$15
Feb 4 – Feb 25*	Sun.	4:00 – 6:30 p.m.	\$15
Mar 4 – Mar 25	Sun.	4:00 – 6:30 p.m.	\$15
Apr 1 – Apr 29	Sun.	4:00 – 6:30 p.m.	\$25
May 6 – May 27	Sun.	4:00 – 6:30 p.m.	\$20

*No Class: Jan 21, Feb 18, Mar 18

ART

FINE ART PAINTING: WATERCOLOR & ACRYLICS ADULT & SENIOR

INSTRUCTOR: BRIAN SCHREINER

As a professional artist and certified art teacher, Brian Schreiner will work with beginner and experienced artists teaching drawing and painting. Beginning artists will complete a basic art lesson. Each student will create their own individual art as Brian will answer questions, provide feedback and demonstrate techniques. Upon registration, students will receive an art supply list and resource guide detailing items needed for class. At the end of this course, participants will have a painting to take home and enjoy.

Class located at the Meridian Community Center. Min/Max: 4/8

Jan 23 – Feb 27	Tue.	7:00 – 9:30 p.m.	\$70
Mar 13 – Apr 24*	Tue.	7:00 – 9:30 p.m.	\$70

*No Class: 3/27

SENIOR TRIPS

MCCALL WINTER CARNIVAL – DAY TRIP AGES 50 & OLDER

INSTRUCTOR: MERIDIAN PARKS AND REC STAFF

Join us for a trip to the McCall Winter Carnival to see the wonderful ice sculptures. Upon arriving in McCall, you will spend a few hours exploring the ice sculptures and taking in the views of McCall. Lunch will be on your own or you can bring a sack lunch. Upon returning back to Meridian, we will take a tour of the ice sculptures. Maps of the winter carnival and restaurant suggestions will be available. Trip will depart from the Meridian Senior Center at 8:30 a.m. Min/Max: 25/45

Jan 26	Fri.	8:30 – 5:30 p.m.	\$55
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SHOSHONE FALLS DAY TRIP AGES 50 & OLDER

INSTRUCTOR: MERIDIAN PARKS AND REC STAFF

Take a trip from the Treasure Valley to the Magic Valley for this exciting day trip to spectacular Shoshone Falls. On our way to Twin Falls, we will stop and visit Malad Gorge. Upon our arrival in Twin Falls, we will eat lunch in Centennial Park while enjoying gorgeous views of the Perrine Bridge. After lunch we will make our way to Shoshone Falls to take in the breathtaking views of the falls from Shoshone Falls Park and overlook. Please Note: Water flows are subject to the weather, snow pack levels and other environmental circumstances beyond our control.

Trip will depart from the Meridian Community Center at 8:30 a.m. Min/Max: 8/12

Lunch orders will need to be ordered through the Meridian Park and Recreation Department at 888-3579. Lunches will be provided by Great Harvest Bread Company and will consist of a sandwich (Turkey Avocado, Roast Beef & Cheddar, Turkey Cranberry & Ham & Swiss on your choice of bread, white, wheat or sourdough), chips or apple, cookie and a bottle of water. Registration Deadline: May 2 at 5:00 p.m.

May 4	Fri.	8:30 – 5:30 p.m.	\$55 Includes Lunch
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TREE WORKSHOPS

INSIDE LOOK AT TREE BIOLOGY

INSTRUCTOR: GARY MOEN, CERTIFIED ARBORIST, PROFESSOR EMERITUS OF HORTICULTURE, BSU

Come and learn how trees function and let Gary guide you in a direction about making good decisions regarding tree health and growing quality and vibrant trees.

Class located at Meridian City Hall, Meeting Room A

Mar 15	Thurs.	6:30 – 8:30pm	FREE
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TREE PROBLEMS IN THE TREASURE VALLEY

INSTRUCTOR: DEBBIE COOK, CERTIFIED ARBORIST

This class is designed to inform class participants some of the common problems we see in trees here in the Treasure Valley. Debbie will discuss insects and diseases that are common and provide correct cultural practices to rectify some of the tree problems that you may have with your trees.

Class located at Meridian City Hall, Meeting Room A

Mar 22	Thurs.	6:30 – 8:30pm	FREE
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TREE SELECTION, AVOID PURCHASING A HEADACHE

INSTRUCTOR: RICH GUGGENHEIM, COOPERATIVE EXTENSION AGENT, UNIVERSITY OF IDAHO

This class will provide you with valuable information and direction needed when purchasing trees. Rich will also present new information about root washing as preparation for planting young trees to ensure they get the start they need to survive and prosper.

Class located at Meridian City Hall, Meeting Room A

Mar 29	Thurs.	6:30 – 7:30pm	FREE
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Have you visited the

LITTLE FREE LIBRARY?

Located in
Meridian City Hall's
Outdoor Plaza

**TAKE
A BOOK
YOU'D LIKE TO READ
LEAVE
A BOOK
OTHERS WOULD ENJOY!**



Your Little
Library
#11569
Steward is:
Shelly Houston,
489-0531 or
shouston@
meridiancity.org

Every child in our
community deserves
the chance to be
active and play!

YOUTH SCHOLARSHIPS ARE NOW AVAILABLE
through our Care Enough to Share Program.



If you would like to apply for our program
or donate the gift of fun please visit our
website for further information at:

www.meridiancity.org/share



Special Thanks!

The City of
Meridian and
Meridian Parks and
Recreation would
like to thank Debbie
Brown and the
missionaries from
the Church of
Jesus Christ of
Latter Day Saints
serving in the
Meridian area for
decorating the
Meridian City Hall
Christmas Tree!



OPEN GYM

Join the Fun at the Meridian Homecourt

936 Taylor Avenue
Meridian, Idaho

Learn more online at:
[www.meridiancity.org/
homecourt](http://www.meridiancity.org/homecourt)



The Meridian Homecourt is the City of Meridian's 49,000 square foot indoor sports court facility featuring four NBA-sized basketball courts. On those courts there are currently eleven pickleball courts and six volleyball courts.

The facility provides the community a clean, safe, well-maintained place to enjoy all types of indoor recreation year-round!



Open Gym is held daily from 6:30 — 9:30 pm.

The cost to participate for individuals ranges from \$2 — \$4 per day.

Call (208) 888-3579 to request rates for group activities and special events.

Visit us online to view our **Open Gym Schedule**, which features Basketball, Volleyball, Badminton, and Pickleball, with sessions for adults and families!

www.meridiancity.org/homecourt



ADULT MEN'S & WOMEN'S WINTER BASKETBALL LEAGUES

Show your skills on the court this spring in the Meridian Parks and Recreation Men's and Women's Basketball Leagues! Get a team together with your family, friends and co-workers. Each team will play an 8-game season that will end with a double-elimination tournament. Competitive and recreational divisions are available. If you can't find a team, just call 208-888-3579 or drop by the Meridian Parks and Recreation office to add your name to the "free agent" list.

REGISTRATION DEADLINE: FRIDAY, DECEMBER 15, 2017, BY 5:00 PM

REGISTRATION FEES:
TEAM FEE: \$475 (MINIMUM OF 10 GAMES)
RESIDENT PLAYER FEE: \$10 PER PLAYER
NON-RESIDENT PLAYER FEE: \$20 PER PLAYER

Payment for any adult sports program can be made in person at Meridian City Hall or over the phone at 208-888-3579 with a credit card. If payment is made over the phone, the Meridian Parks and Recreation Office must have your registration form and finished roster prior to accepting payment.

ADULT CO-ED & WOMEN'S WINTER VOLLEYBALL LEAGUES

Bump, Set, Spike! Have fun while staying fit this winter by participating in our co-ed and women's volleyball leagues! Each team will play an 8-game season as well as a post-season double-elimination tournament. That is 10 games!!! Competitive and recreational divisions are available. Prizes will be awarded to top finishers in the season-end tournament.

SEASON DATES: JANUARY 3RD – MARCH 23RD
REGISTRATION DEADLINE: DECEMBER 15, 2017, BY 5:00 PM

REGISTRATION FEES:
TEAM FEE: \$190
RESIDENT PLAYER FEE: \$10 PER PLAYER
NON-RESIDENT PLAYER FEE: \$20 PER PLAYER

All forms and fees are due at the time of registration!! Team managers must have paid the full payment and have a completed roster from to register. There is a limit of 110 teams in the winter league due to gym availability.



ADULT MEN'S & CO-ED SPRING SOFTBALL LEAGUES

Get your family, friends and co-workers together for a fun season on the softball diamond! Meridian Parks and Recreation offers competitive and recreational divisions for both men's and co-ed softball. Each team will play a 10-game season plus a season-end double-elimination tournament. Prizes will be awarded to top finishers in the season-end tournament.

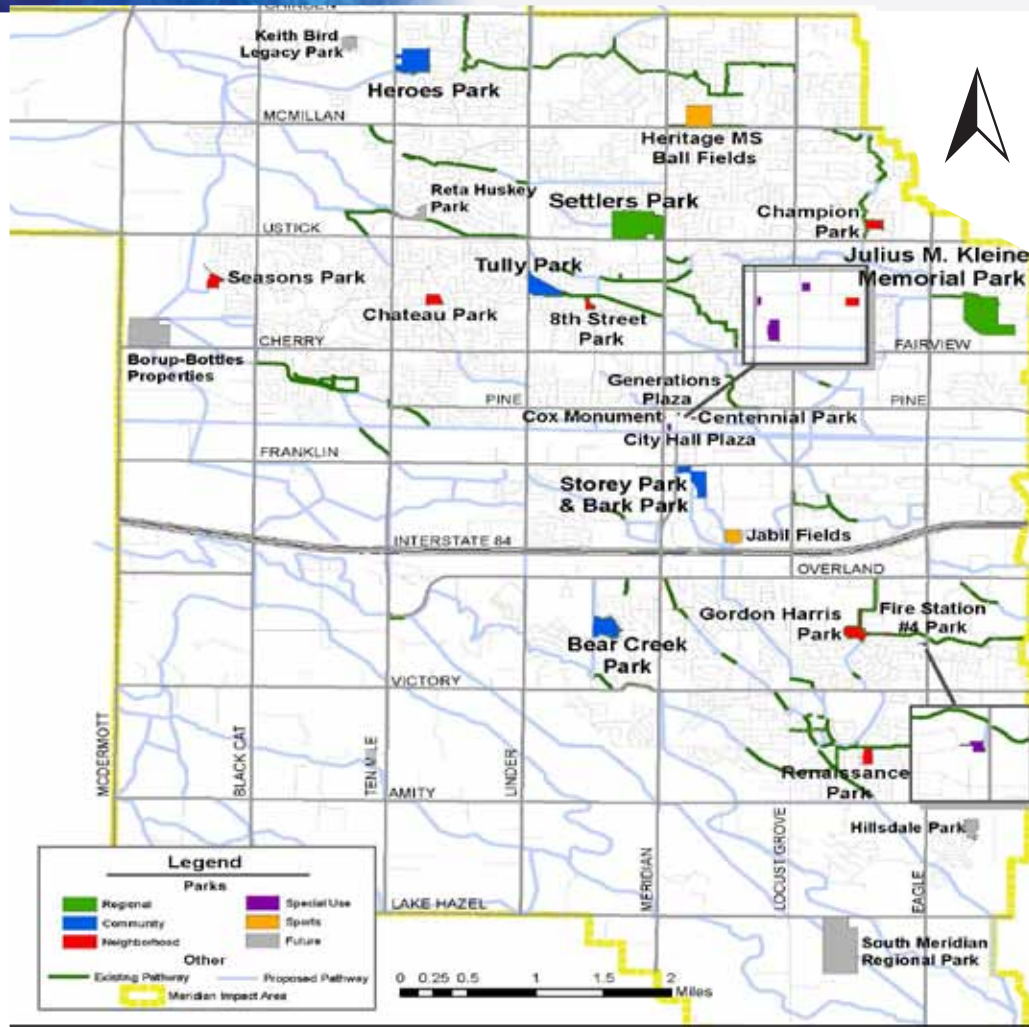
SEASON DATES: APRIL 2ND - MID JULY
REGISTRATION DEADLINE: MARCH 16TH (FIRST 100 TEAMS TO REGISTER)

REGISTRATION FEES:
TEAM FEE: \$450
RESIDENT PLAYER FEE: \$10 PER PLAYER
NON-RESIDENT PLAYER FEE: \$20 PER PLAYER
LATE REGISTRATION FEE: \$50

All forms and fees are due at the time of registration! Team managers must have paid the full payment and have a completed roster form in order to register. There is a limit of 100 teams in the spring league due to field availability.

To get added to the mailing list for any sport, or if you don't have a team and want to add your name to our "free agent list," contact Meridian Parks and Recreation at 888-3579 or e-mail: sports@meridiancity.org.

PARK LOCATIONS



Meridian Parks System Map



	Open Play Areas	Covered Picnic Shelter	Picnic Area	Playground	Restrooms	Volleyball Courts	Soccer Fields	Baseball Fields	Basketball Courts	Bike Racks	Horseshoes/Fishing	Drinking Water	Skateboard/Inline	Off Street Parking	Walking Path	Outdoor gym
1 GENERATIONS PLAZA	★								★		★					
2 CENTENNIAL PARK	★	★	★	★	★				★	★		★				
3 8th STREET PARK	★		★	★						★		★		★	★	
4 STOREY PARK	★	★	★	★	★	★		★		★	H	★		★		
5 BEAR CREEK PARK	★	★	★	★	★			★	★			★		★	★	
6 CHATEAU PARK	★	★	★	★	★				★			★		★	★	
7 TULLY PARK	★	★	★	★	★	★		★	★	★		★	★	★	★	★
8 SETTLERS PARK	★	★	★	★	★		★	★		★	H/F	★		★	★	
9 SEASONS PARK	★	★	★	★	★				★	★		★		★	★	
10 CHAMPION PARK	★	★	★	★	★				★			★		★	★	
11 HEROES PARK	★	★	★	★	★		★		★	★	F	★	★	★	★	
12 RENAISSANCE PARK	★	★	★	★	★				★			★		★	★	
13 GORDON HARRIS PARK	★	★	★	★	★							★		★	★	
14 JULIUS M. KLEINER MEMORIAL PARK	★	★	★	★	★	★			★	★	F	★		★	★	



PARK AMENITIES

	Shelter Capacity	Reservation Time Blocks	Open Play Areas	Playground	Restrooms	Drinking Water	Electrical Outlets	Volleyball Courts	Soccer Fields	Ball Fields	Basketball Courts	Horseshoes/Fishing	OTHER	SHELTER FEE
BEAR CREEK PARK	100	9am-2pm 4pm-9pm	✗	✗	✗	✗	✗			✗	✗			\$50
CHAMPION PARK	30	12pm-9pm	✗	✗	✗	✗	✗				✗			\$40
CHATEAU PARK	30	12pm-9pm	✗	✗	✗	✗	✗				✗			\$40
SETTLERS PARK SHELTER 1	200	9am-2pm 4pm-9pm	✗	✗	✗	✗	✗		✗	✗		H/F	Splash Pad	\$75
SETTLERS PARK SHELTER 2	100	9am-2pm 4pm-9pm	✗	✗	✗	✗	✗		✗	✗		H/F	Splash Pad	\$60
SETTLERS PARK SHELTER 3	50	9am-2pm 4pm-9pm	✗	✗	✗	✗	✗		✗	✗		H/F	Splash Pad	\$50
STOREY PARK BLUE SHELTER	200	9am-2pm 4pm-9pm	✗	✗	✗	✗	✗	✗		✗		H	Swimming Pool	\$50
STOREY PARK GREEN SHELTER	200	9am-2pm 4pm-9pm	✗		✗	✗	✗	✗		✗		H	Swimming Pool	\$40
TULLY PARK LARGE SHELTER	300	9am-2pm 4pm-9pm	✗	✗	✗	✗	✗	✗		✗	✗		Outdoor Gym	\$75
TULLY PARK SMALL SHELTER	50	9am-2pm 4pm-9pm	✗	✗	✗	✗	✗	✗		✗	✗		Outdoor Gym	\$40
SEASONS PARK	30	12pm-9pm	✗	✗	✗	✗	✗				✗			\$40
RENAISSANCE PARK	30	12pm-9pm	✗	✗	✗	✗	✗				✗			\$40
GORDON HARRIS PARK	50	12pm-9pm	✗	✗	✗	✗	✗							\$40
CENTENNIAL PARK	30	12pm-9pm	✗		✗	✗	✗				✗			\$40
HEROES PARK	300	9am-2pm 4pm-9pm	✗	✗	✗	✗	✗		✗		✗	F		\$50
KLEINER MEMORIAL PARK SHELTER A1 & B1	500	9am-2pm 4pm-9pm	✗	✗	✗	✗	✗	✗			✗	F	Bocce Ball Splash Pad Disc Golf	\$150 FOR SHELTER A-1 \$125 FOR SHELTER B-1
KLEINER MEMORIAL PARK SHELTER A2, 3, 4	100	9am-2pm 4pm-9pm	✗	✗	✗	✗	✗	✗			✗	F	Bocce Ball Splash Pad Disc Golf	\$75 FOR SHELTER A-2 \$50 FOR SHELTERS A-3 & A-4
8TH STREET PARK	30	12pm-9pm	✗	✗	✗	✗	✗							\$40
RETA HUSKEY PARK	30	12pm-9pm	✗	✗	✗	✗	✗						Outdoor Gym Pickleball Courts	\$40
KEITH BIRD LEGACY PARK	30	12pm-9pm	✗	✗	✗	✗	✗				✗		Outdoor Gym Game Tables	\$40



ADDITIONAL SERVICES & FEES:

- Softball Fields - \$10 per hour
(Limited availability due to league play.)
- Amusement Equipment & Large Canopies
\$10 per time block per item.

- Alcohol Permits - \$20
Confined to shelter area. City Ordinance #03-1031
- Clean Up or Repair Fee – Billed for actual City cost.
- Ask about BBQ grill availability



CAMP MER-IDA-MOO! SPRING BREAK

JOIN US FOR:
ARTS & CRAFTS
PARK VISITS
FIELD TRIPS
SCIENCE PROJECTS
& MORE!

**MARCH
26 - 30**

Looking for something to do over spring break? Camp Mer-IDA-Moo: Spring Break is back in 2018! Activities will include arts and crafts, games, outdoor games, reading time, science and field trips. Staff is selected from recreation and education professionals, as well as local college students. Register early and reserve your spot for this fun and exciting week long camp! Camp located at Meridian Community Center.

**PLAN YOUR CHILD'S
SPRING ADVENTURES NOW!**

FULL DAY:
7:30am-5:30pm

\$99

HALF DAY:
9:00am-3:00pm

\$79



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